# Cyclesolihull Routes

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

This series of routes, developed by Cyclesolihull will take you along most of the network of quiet lanes, roads and cycle paths in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road with their parents.

You can cycle the routes alone, with family and friends, or join other people on one of the regular Cyclesolihull rides.

#### **Route Lengths and Route Numbers**

There are over 50 routes in this series which are grouped by distance using a route letter:

T (Taster) routes are about 5 miles.
S (Short) routes are about 10 miles.
M (Medium) routes are about 15 miles.
L (Long) routes are about 20 miles.
XL (Extra Long) routes are about 25 miles.

The route number indicates the starting point – for example routes S2, M2 and L2 all start from Knowle. There are over twenty different starting points. A full list is available from **www.cyclesolihull.org.uk**.

This is one of a series of cycle route leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free cycle rides, promotes routes like this one and provides information about cycling.

# Cyclesolihull Rides

**Cyclesolihull** offers regular opportunities to join with others to ride many of the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 20 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm from April to September and at 1.30 pm from October to March. One of the routes will be followed with a mixture of route lengths being ridden during each month. In autumn and winter there are more shorter rides to reflect the reduced daylight hours. One Sunday each month in spring and summer the ride is a 5 mile Taster Ride. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for new cyclists and children.

**Evening Explorer Rides** are on a midweek evening from early May to mid-August starting at 7 pm. These rides all follow the shorter "S" routes so are about 10 miles long.

**Saturday Stretcher Rides** take place weekly on most Saturdays, starting at 9.30 am. They are about 30 long, are at a faster pace and do not follow a fixed route, so are suitable for more experienced cyclists.

All Cyclesolihull rides have an en-route refreshment stop of 20-30 minutes at a family-friendly pub or tearoom.

For ride dates, routes and starting points download the current Ride Programme from:

## www.cyclesolihull.org.uk

or pick up a copy on one of the rides.



# M16 medium route from Lapworth





## 17 miles via Lowsonford Claverdon & Shrewley

Have fun and get fit exploring your local area with this self-guided cycle ride.

### Route M12 Lapworth to Claverdon & Shrewley

**Distance:** 16 miles (95-120 mins). **Start:** Lapworth Station B94 6JJ SP188715.

**Route Summary:** A very rural ride, using mainly very quiet narrow lanes to visit a number of Warwickshire villages including Lowsonford, Claverdon and Shrewley. The ride also passes Yarningdale Common, Hay Wood and a number of historic churches.

**Refreshments:** There are a number of pubs along the route and a shop in Shrewley.

**Parking:** There is free parking at Lapworth station and on-street parking on Station Road.

### **The Route**

Leaving Lapworth Station turn R. At the end of Station Lane turn R on to Old Warwick Road, passing under the railway. After 0.5 miles turn L into Catesby Lane.

At the end of the lane turn L into Lapworth Street. Continue for 2 miles, passing over the motorway until you reach the Fleur de Lys pub in Lowsonford village.

• At the next crossroads turn R towards **Preston Bagot** and then immediately L up the narrow lane. Continue along the winding lane for 2 miles, bearing left towards **Henley-in-Arden** and eventually reaching the **A4189**.

 Turn L towards Claverdon, passing over the Stratford Canal. After 0.5 miles turn L towards Yarningale
 Common. Follow the road SO past the common. At the triangular junction go SO into Star Lane, keeping the water tower to your L.

At the next junction turn R and immediately R again into a narrow lane, eventually emerging onto the A4189 opposite the **Red Lion** pub. Turn R then immediately L towards **Langley** and **Claverdon Church**.

Pass the church and then turn second R down Langley Lane. Follow this lane back to the A4189 and go SO into Lye Green Rd towards Shrewley. Take the third turn L towards Holywell. After 0.8 miles bear L at

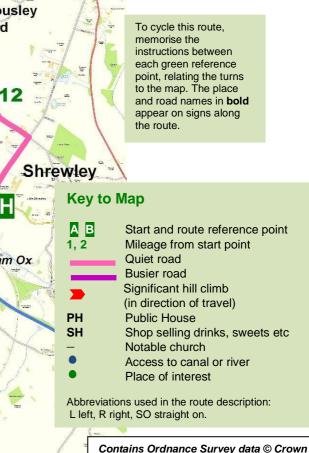


the triangular junction towards Shrewley.

G Go R at the next two junctions towards **Shrewley** eventually becoming parallel to the motorway. At the end of the lane turn L towards **Shrewley**, crossing over the motorway and railway.

At the **B4439** go SO into **Five Ways Rd** and at the crossroads turn L towards **Mousley End**. Follow this road for 3 miles towards **Chadwick End**, ignoring all the side roads and eventually passing **Hay Wood**.

At the end of the lane turn L towards Lapworth, passing Baddesley Clinton (NT) and going over the Grand Union Canal. Turn first left into Station Lane to return to Lapworth Station.



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