Cyclesolihull routes

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

This series of routes developed by Cyclesolihull will take you along many of the quiet lanes and cycle paths in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road with their parents.

You can cycle the routes alone, with family and friends, or join other people on one of the regular Cyclesolihull rides.

Route Lengths and Route Numbers There are over 50 routes in this series. They are

grouped by distance using a route letter:

T (Taster) routes are about 5 miles.

- **S** (Short) routes are about 10 miles.
- M (Medium) routes are about 15 miles.
- L (Long) routes are about 20 miles.

XL (Extra Long) routes are about 25 miles.

The route number indicates the starting point – for example routes S2, M2 and L2 all start from Knowle. There are over twenty different starting points. A full list is available at **www.cyclesolihull.org.uk**.

This is one of a series of cycle ride leaflets produced by Cyclesolihull which is a voluntary organisation which aims to encourage people in the Solihull area to cycle more. Cyclesolihull organises free cycle rides, promotes routes like this one and provides information about cycling.

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Cyclesolihull rides

Cyclesolihull offers regular opportunities to join with others to ride many of the routes in this series of leaflets. The rides are organised by volunteers and typically attract between 10 and 20 riders. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sunday afternoons at 2 pm from April to September and at 1.30 pm from October to March. One of the routes will be followed with a mixture of route lengths being ridden during each month. In autumn and winter there are more shorter rides to reflect the reduced daylight hours. One Sunday each month in spring and summer the ride is a 5 mile Taster Ride. This is an opportunity to try a Cyclesolihull ride without going very far and is an ideal introduction to the rides, especially for children and new cyclists.

Evening Explorer Rides are on a midweek evening from early May to mid-August starting at 7 pm. These rides all follow the shorter "S" routes so are about 10 miles long.

Saturday Stretcher Rides take place weekly on most Saturdays, starting at 9.30 am. They are about 30 miles long, are at a faster pace and do not follow a fixed route, so are suitable for more experienced cyclists.

All Cyclesolihull rides have a refreshment stop for 20 to 30 minutes. We recommend you bring your own refreshments on our rides but where possible the stop is at a pub or café.

For ride dates, routes and starting points download the current Ride Programme from:

www.cyclesolihull.org.uk



S20 Short route from Lyndon





10 miles via Olton and Elmdon Parks and Sheldon Country Park

Have fun and get fit exploring your local area with this self-guided cycle ride using cycle paths and quiet roads. This guide contains a map and detailed directions to enable you to easily follow the route.

Route S20 from Lyndon via Olton and Elmdon Parks & Sheldon Country Park.

Distance: 10 miles (60-75 mins). **Start:** Barn Lane Recreation Ground car park, Richmond Rd B92 7SA SP137832 ///spare.model.cube.

Route Summary: A varied ride using quiet suburban roads and cycle paths and passing through a number of parks and open spaces.

Refreshments: There are a number of pubs and shops near the route and a café at Old Rectory Farm.

Parking: There is a free car park at the start point.

The Route

A From the car park, cross at the zebra and go down the path opposite into **Kent's Close**. At the end turn R and almost immediately L down a narrow path. Follow this to the end and turn R into **Eastbury Drive**. At the end turn L and almost immediately R down another path between the houses to enter **Olton Jubilee Park**.

Cross the park, bearing R after the bridge. Go SO into **Summerfield Rd** which eventually becomes **Rodney Rd**.

• At the end go SO across the dual carriageway using the pedestrian signals and turn R on the cycle path along Lode Lane. Follow the path for 0.6 miles and at the end of the path continue SO along the service road. At the next junction turn L into **Rowood Drive**. Follow this winding road and go second R into **Walsgrave Drive**.

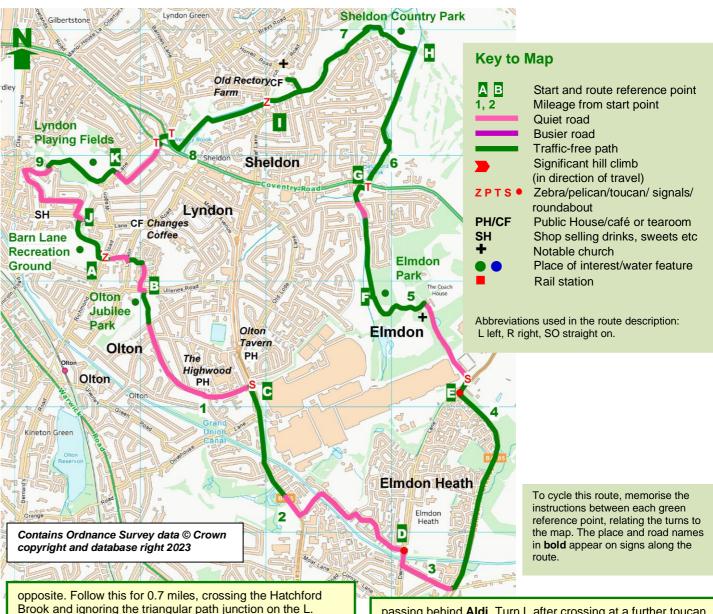
At the end go R at the mini-roundabout. Cross the canal and turn L into **Lugtrout Lane**. Go SO to the end and bear L onto the cycle path along Damson Parkway. Follow the path for 1.1 miles.

■ Just before the roundabout re-join the carriageway (CAUTION: busy junction!) and go R and then immediately L after the traffic lights down the narrow lane to **St Nicholas Church**. Alternatively dismount, cross Damson Parkway and use the pedestrian signals to reach the lane.

Turn next L by the church into the **Elmdon Park** car park. Follow the wide path down into the park (CAUTION: steep hill!), bearing R at the bottom.

Go SO at the next junction and follow the path for 0.5 miles eventually joining a quiet cul-de-sac (**Streamside Way**) for 100 yards. Cross the next road (Valley Road) and join the path SO leading to the busy A45 (Coventry Road).

G Bear R to cross the A45 at the toucan to re-join the path



besides Westley Brook. Follow this path for 0.5 miles

Turn next R to visit the Old Rectory Farm and café, before

1 At the road, cross using the parallel (zebra) crossing and

continue SO along the park path. Follow the path R and L

Turn R and cross at the toucan. Follow the path R and L

across the bridge to eventually reach the A45 Coventry Rd.

returning to this point. Otherwise continue SO along the path.

crossing the brook twice.

Brook and ignoring the triangular path junction on the L. Turn L at the next junction. At the end go L onto the path and R into **Keswick Road**. At the end turn R.

> At the main road cross SO into the Lyndon Playing Fields. Follow the path L through the park. After 600 yards turn L onto a narrow short path into Longley Crescent. Turn L and at the end turn L and then L again into Bosworth Road. Turn first L into Hardwick Rd. At the end go R.

At the end of **Shalford Rd** turn L and then immediately R past the barrier into the car park. Go L through the car park and onto a path along the park boundary back to the start.