

Find the ride that suits you best!

Cyclesolihull rides range from 5 to 30 miles. The route number provides a quick guide to the length of the ride and the start point, so you can easily see which rides are best for you. There is a rest stop of about 20 minutes on all rides.

5 miles **Taster T** routes (spring & summer only).

These are introductory rides which are especially suitable for beginners and children. Total ride time including stops is about 1½ hours.

10 miles S routes are ideal if you just want a short easy ride. They are also great for families. Total ride time including stops is about 2 hours.

These shorter rides are highlighted **yellow** in the programme.

15 miles M routes are an opportunity to try a slightly longer ride. Total ride time including stops is about 2½ hours.

20 miles L routes are our longest Sunday rides in this Ride Programme. Total ride time including stops is about 3 hours.

30 miles Saturday Stretcher rides are our longest rides and at a faster pace with no fixed route. Total ride time including stops is about 3½ hours.

Actual ride distances may vary by +/- 10% depending on the route. Ride distances are shown for each ride followed by the Cyclesolihull route number.

Like traffic-free cycling?

Try the 5 mile **3Parks Cycle Route** between **Elmdon** and **Meriden Parks** in **Solihull** via **Sheldon Country Park** in **Birmingham**. There's lots to see and do and no need to worry about traffic so it is ideal for beginners and families. Find out more at 3parks.org.uk.



The 3Parks Cycle Route is being promoted by Cyclesolihull

Cyclesolihull rides are regular free cycle rides organised by volunteers. They are a fun way to explore your local area at a leisurely pace with other people.

The rides take place on the basis of all riders accepting responsibility for their own safety. Ride lengths vary from 5 to 30 miles and start from over 20 different locations.

Riders travel at their own pace and there are regular short stops so nobody gets left behind. Sunday ride timings are based on a 8 mph average speed but this varies depending on who is on the ride - expect the shorter rides to be a little slower than this and the longer rides a bit faster.

Saturday Stretcher rides are at a faster pace, typically 10-12 mph and are suitable for more experienced cyclists.

See inside for the ride dates and times between October 2023 and March 2024.

All Abilities and Ages Welcome!

Cyclesolihull rides are a great way for people to enjoy cycling on the borough's quieter roads and paths. **Children** learning to cycle on the road with their parents are welcome on Sunday rides. Less experienced riders and those bringing children are recommended to try the shorter **S** rides first (highlighted in **yellow** in the programme).

Cyclesolihull routes form the basis of the rides.

There are over 50 different routes using quiet roads and cycle paths and are ideal for a half-day out. You can also cycle them alone or with family and friends. Individual leaflets containing a detailed map and directions can be downloaded as pdfs for most of the routes from cyclesolihull.org.uk. GPS users can also download gpx files for most of the routes.

Cyclesolihull was established by volunteers in 2005 to encourage more cycling. Since then we have organised over 1400 free rides with over 15,000 riders taking part. Find out more about the rides and routes at:

cyclesolihull.org.uk



Regular **FREE** cycle rides
in and around **Solihull**

CycleSolihull

Explore your borough by bike



- Sunday afternoon leisure rides
- Saturday morning rides at a faster pace
- Many local start points
- Dates & times inside

Autumn & Winter Rides

October 2023 - March 2024

cyclesolihull.org.uk

Sunday Cycle Rides

Rides will set off at **1.30 pm** from the following start points. Shorter rides are highlighted in **yellow**.

October

- 1st Brueton Park (16 miles, Route M7)
- 8th Bentley Heath (11 miles, Route S13)
- 15th Hockley Heath (21 miles, Route L11)
- 22nd Solihull Lodge (16 miles, Route M10)
- 29th Meriden (10 miles, Route S5)

November

- 5th Monkspath (15 miles, Route M6)
- 12th Dorridge Station (9 miles, Route S1)
- 19th Cheswick Green (10 miles, Route S9)
- 26th Knowle (10 miles, Route S2)

December

- 3rd Malvern Park (9 miles, Route S7)
- 10th Monkspath (11 miles, Route S6)
- 17th Olton Park (12 miles, Route S19)

January

- 7th Hockley Heath (11 miles, Route S11)
- 14th Dickens Heath (10 miles, Route S4)
- 21st Balsall Common (8 miles, Route S8)
- 28th Hockley Heath (16 miles, Route M11)

February

- 4th Lapworth (17 miles, Route M16)
- 11th Lyndon (9 miles, Route S20)
- 18th Dorridge Station (21 miles, Route L1)
- 25th Solihull Lodge (12 miles, Route S10)

March

- 3rd Castle Bromwich (15 miles, Route M18)
- 10th Monkspath (11 miles, Route S6)
- 17th Dickens Heath (22 miles, Route L4)
- 24th Coleshill (10 miles, Route S15)
- 31st Dorridge Station (16 miles, Route M1)

Cyclesolihull October 2023 - March 2024 Rides

Go cycling this Autumn!

Cycling is great fun and a good way to keep fit. It is also the perfect way to explore your local area, and Solihull is lucky to be close to attractive countryside with many quiet roads and paths.

There is no need to book our rides in advance – just turn up at the start point with a roadworthy bike or E-bike.

Please bring your own refreshments for the en-route rest stop of about 20 minutes. This may be at a pub or café where you can also purchase drinks as circumstances permit.

We hope to see you soon!

Don't forget Sunday rides from October start at the earlier time of 1.30 pm!



Winter Weather

During the winter months, rides are more likely to be affected by adverse weather. Saturday Stretches in particular may be affected by early morning ice. At times of cold, windy or wet weather please check the website for any late changes to the programme.

Ride Start Points

- Balsall Common** library CV7 7EL (Routes S8, M8, L8).
- Bentley Heath Park** car park, Widney Rd B93 9BQ (Routes S13, M13).
- Brueton Park** car park, Warwick Rd B91 3HW (Route M7, L7).
- Catherine-de-Barnes** The Boat Inn B91 2TJ (Route S3).
- Castle Bromwich** church (old) Chester Rd B36 9DE (Route S18, M18).
- Chelmsley Wood** Asda car park B37 5EX (Routes S17, M17).
- Cheswick Green** shops B90 4JA (Route S9, M9, L9).
- Coleshill** Parkfield Rd car park B46 3NT (Routes S15, M15, L15) or **Memorial Park car park, Park Rd B46 3LA (Saturday Stretches)**.
- Dickens Heath** library B90 1SD (Routes T4, S4, L4).

Saturday Stretcher Rides

Rides will set off at **9.30 am** from the following start points. All rides are about 30 miles long and do not have a fixed route.

October

- 7th Dickens Heath
- 14th Knowle
- 21st Meriden
- 28th Hockley Heath

November

- 4th Lapworth
- 11th Coleshill
- 18th Brueton Park
- 25th Balsall Common

December

- 2nd Dorridge Station
- 9th Dickens Heath
- 16th Knowle

January

- 6th Meriden
- 13th Hockley Heath
- 20th Lapworth
- 27th Coleshill

February

- 3rd Brueton Park
- 10th Balsall Common
- 17th Dorridge Station
- 24th Dickens Heath

March

- 2nd Knowle
- 9th Meriden
- 16th Hockley Heath
- 23rd Lapworth

Dorridge Park Arden Rd car park B93 8LJ (Route T1).

Dorridge Station rail station B93 8JA (Route S1, L1).

Hockley Heath at pelican crossing, Stratford Road B94 6QT (Routes S11, M11, L11).

Knowle parish church B93 0LN (Routes S2, M2, L2).

Lapworth rail station B94 6JJ (Route M16).

Lyndon Barn Lane Recreation Ground car park, Richmond Rd B92 7SA (Route M20).

Malvern Park playground car park B91 3EA (Route S7).

Marston Green Elmdon Lane car park B37 7DL (Routes S12, M12, L12).

Meriden The Green CV7 7LN (Routes S5, M5, L5).

Monkspath Shelly Farm shops B90 4EH (Routes T6, S6, M6).

Olton Park Brackleys Way B92 8QE (Route S19).

Shirley Park behind Aldi B90 3AG (Route M14).

Solihull Lodge Daisy Farm Park car park, Maypole Lane B14 4PJ (Routes S10, M10).